

Men's Health Awareness Month: Social Media Posts

Text	Image
<p>Let's Get Men Talking this November! For #MensHealthAwarenessMonth, here's how you can protect yourself from cancer & other conditions. Get to know your body and take part in screening & health checks when invited. Seek help if you have any concerns. www.answercancergm.org.uk/cancer-screening</p>	<div data-bbox="778 219 1422 338"> <h3>Let's Get Men Talking this November!</h3> </div> <div data-bbox="743 383 852 495"> </div> <div data-bbox="874 383 1382 495"> <p>Check yourself regularly: Know your body and look out for any unusual changes or symptoms.</p> </div> <div data-bbox="743 528 852 640"> </div> <div data-bbox="874 528 1441 640"> <p>Take part in Bowel Screening: Currently offered to everyone aged 60-74, but is gradually being lowered to start at 50.</p> </div> <div data-bbox="743 674 852 786"> </div> <div data-bbox="874 674 1430 786"> <p>Seek professional help: If you spot anything unusual or have any concerns, contact your GP as soon as possible.</p> </div> <div data-bbox="724 808 976 938"> </div> <div data-bbox="970 808 1453 938"> <p>#MensHealthAwarenessMonth www.answercancergm.org.uk @answercancergm</p> </div>
<p>Let's Get Men Talking this November! For #MensHealthAwarenessMonth, here's everything you need to know about bowel cancer screening. This includes:</p> <ul style="list-style-type: none"> - when you'll be invited - what's involved - why it's so important <p>www.answercancergm.org.uk/cancer-screening</p>	<div data-bbox="778 981 1430 1099"> <h3>Let's Get Men Talking this November!</h3> </div> <div data-bbox="743 1155 852 1267"> </div> <div data-bbox="874 1155 1414 1267"> <p>Bowel Screening is currently offered to everyone aged 60-74, but is gradually being lowered to start at 50.</p> </div> <div data-bbox="743 1301 852 1413"> </div> <div data-bbox="874 1301 1422 1413"> <p>When eligible you will be sent a test kit in the post. You complete this at home by collecting a small poo sample.</p> </div> <div data-bbox="743 1447 852 1559"> </div> <div data-bbox="874 1447 1390 1559"> <p>The test works by looking for tiny amounts of blood in your poo, which could be an early sign of cancer.</p> </div> <div data-bbox="724 1581 976 1711"> </div> <div data-bbox="970 1581 1465 1711"> <p>#MensHealthAwarenessMonth www.answercancergm.org.uk @answercancergm</p> </div>

Let's Get Men Talking this November!
For #MensHealthAwarenessMonth, here are a few ideas of how you can help protect your friends, family and community from health conditions such as cancer.

Have conversations, share information & get involved!

www.answercancergm.org.uk

Let's Get Men Talking this November!



Have conversations with your friends & family about health, cancer and the importance of screening.



Share information about signs & symptoms, screening & where to get help on social media or via WhatsApp.



Get involved in activities and events in your local community with Answer Cancer and sign up as a Champion!

**ANSWER
CANCER**

#MensHealthAwarenessMonth

www.answercancergm.org.uk



@answercancergm