

Men's Health Awareness Month: Social Media Posts

Text	Image
Let's Get Men Talking this November! For #MensHealthAwarenessMonth, here's how you can protect yourself from cancer & other conditions. Get to know your body and take part in screening & health checks when invited. Seek help if you have any concerns. www.answercancergm.org.uk/cancer-screening	Let's Get Men Talking this November! Check yourself regularly: Know your body and look out for any unusual changes or symptoms. Take part in Bowel Screening: Currently offered to everyone aged 50-74. Seek professional help: If you spot anything unusual or have any concerns, contact your GP as soon as possible. ANSWER CANCER #MensHealthAwarenessMonth www.answercancergm.org.uk @answercancergm
Let's Get Men Talking this November! For #MensHealthAwarenessMonth, here's everything you need to know about bowel cancer screening. This includes: - when you'll be invited - what's involved - why it's so important www.answercancergm.org.uk/cancer-screening	Let's Get Men Talking this November! Bowel Screening is currently offered to everyone aged 50-74. When eligible you will be sent a test kit in the post. You complete this at home by collecting a small poo sample. The test works by looking for tiny amounts of blood in your poo, which could be an early sign of cancer. ANSWER CANCER #MensHealthAwarenessMonth www.answercancergm.org.uk @answercancergm

Let's Get Men Talking this November!
For #MensHealthAwarenessMonth,
here are a few ideas of how you can
help protect your friends, family and
community from health conditions
such as cancer.

Have conversations, share
information & get involved!
www.answercancergm.org.uk

Let's Get Men Talking this November!



Have conversations with your friends
& family about health, cancer and the
importance of screening.



Share information about signs &
symptoms, screening & where to get help
on social media or via WhatsApp.



Get involved in activities and events
in your local community with Answer
Cancer and sign up as a Champion!

**ANSWER
CANCER**

#MensHealthAwarenessMonth

www.answercancergm.org.uk



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