

GM ENGAGE

Monthly Newsletter

Making a Difference in GM

Answer Cancer is delighted to publish it's 2022 Impact Report, highlighting the incredible benefits the Programme has had across Greater Manchester since 2019.

Amongst the amazing stories and case studies, here are just a few key statistics from years 1-3 of the programme:

- 8,661 individuals signed up as Answer Cancer Champions
- Grants totalling **£241,748** have been awarded to community organisations across Greater Manchester
- 273 engagement and awareness sessions were held
- 7,976 people engaged through these various sessions
- **1,763** people participated in training
- 220 Organisational Answer Cancer Champions signed up
- A combined **45,998** views of the Answer Cancer and Cancer Champions websites

Looking forward, Answer Cancer will continue to work across Greater Manchester and prioritise efforts and resources in those geographical areas and those communities where screening uptake is lowest. Our approach will continue to draw from best practice and innovation.

Click here to read the full report

Join our next Get Together!

Date: Tuesday 31st January, 9.30-12.30pm Location: Eccles Town Hall, Church Street, Eccles M30 0LH

The Answer Cancer Get Together (Stakeholder Collaborative) is a fantastic way to hear updates about cancer screening across Greater Manchester. You'll hear examples of best practice and be able to speak to Answer Cancer Champions and staff.

This is a face-to-face event at Eccles Town Hall. Registration will take place from 09.00 to 09.30 when the event starts. Afterwards, you are invited to network and catch-up over a (free) buffet lunch 12.30- 13.30.

This time round we have a great range of good practice and local examples to share with you. Come along and:

- Hear the latest news and updates
- Hear about the University of Manchester 'sharing exciting new approaches to checking your cervical health at home'
- Hear about our grants programme, who it reached and what lessons we learnt
- Hear from a range of community organisations and how they used Answer Cancer grant funding to run some creative awareness raising activities
- Get new ideas and share your own work Network! We'll make time for people to meet, catch-up and share news

We particularly want to invite Answer Cancer Champions and Voluntary Sector organisations, but anyone with an interest in cancer screening, cancer prevention and early detection is welcome.

Book your place now!

Cervical Cancer Prevention Week: 23rd-29th January

Cervical Cancer affects over three thousand people every year in the UK. Although not one of the most common cancers, it is amongst the most preventable, thanks to screening and the HPV Vaccine.

The week of the 23rd to 29th January is Cervical Cancer Prevention Week, and we ask that you all help us to share important messages around cervical cancer and in particular the importance of screening!

There are some very simple actions that we can all take which could make a huge difference and potentially save lives.

Have conversations with your friends & family about health, cancer and the importance of screening.

By talking about cancer and screening we help to destigmatise them and make them seem more normal.



Cervical screening can help to prevent cancer by detecting changes in their early stages.

The screening 'smear test' is offered to women and anyone with a cervix **aged 25-64.**

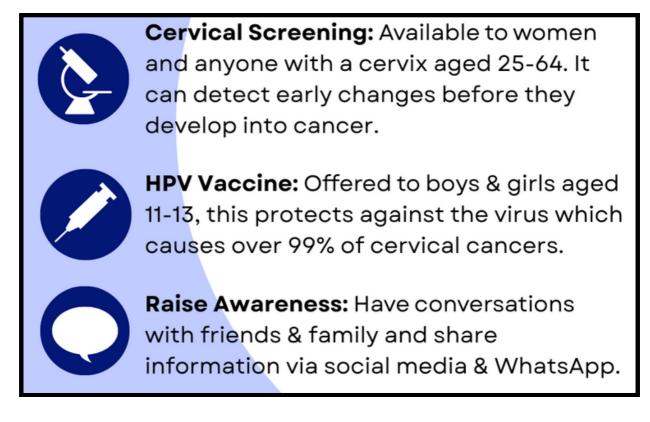
Everyone eligible is invited every 3 years until aged 49, and then every 5 years from 50-64.

Take up of cervical screening in Greater Manchester is currently very low so we want to encourage more people to attend. We understand that there may be cultural issues around taking part, and for some people isn't an easy undertaking. However, for those who can attend, it's important to remember that screening can catch changes early, before they have a chance to develop.

Share information on social media or via WhatsApp about the HPV Vaccine, screening & where to get advice.

There are a lot of misinformation and myths shared online so it's important that we challenge these and only share information from trusted sources such as the NHS or cancer charities.

The HPV Vaccine protects against the virus which causes over 99% of cervical cancers. It is offered to boys & girls aged 11-13 as it's most effective before you become sexually active.



Get involved in activities and events in your local community and sign up as a Champion!

Finally, and most importantly, we hope that you will consider getting involved and playing an active role, not just by having conversations & sharing information, but also working in partnership with us to raise awareness. Please <u>get in touch</u> if you want to discuss this further!

To help you spread the word during Cervical Cancer Prevention Week, we have prepared some <u>resources</u> for you to use on social media or WhatsApp.

#CervicalCancerPreventionWeek

New Year, New Training!

Why not make one of your New Years Resolutions to find out more about cancer screening by taking part in an Answer Cancer training course?

Please note that our courses are now delivered as a mixture of online and face-to-face delivery so please check the location when booking on!

Cervical Screening - What you need to know (Online)

This training seeks to show women how they can protect themselves and share messages through their networks that may help family, friends and co-workers do the same.

• Thursday the 12th of January, 11am-1pm: Book Here

Workplace wellbeing: Cancer and Cancer Screening (Online)

Increase your knowledge and confidence about cancer and cancer screening, and the important role that workplaces have. You will be shown useful resources to adapt or use, and given easy to remember 'key messages' to share with families, friends, clients and customers.

- Wednesday the 25th of January, 10am-11.30am: Book Here
- Thursday the 22nd of February, 12pm-2pm: <u>Book Here</u>

How to Run Cancer Screening Awareness Sessions (Online)

This exciting course focuses on growing your facilitation and presentation skills, knowledge, and confidence. It is designed for any level, from beginners upwards. You will come away with lots of ideas and tips to help you run cancer screening awareness sessions in your work or community.

- Wednesday the 1st of February, 10am-12pm: <u>Book Here</u>
- Tuesday the 14th of March, 1pm-3pm: <u>Book Here</u>

Difficult Conversations - Talking about Cancer (Online)

This session is to help you feel more confident talking about cancer and other health conditions, so you can have more conversations that help save lives.

- Thursday the 7th of February, 1pm -3pm: Book Here
- Thursday the 16th of March, 11am-1pm: Book Here

NHS Cancer Screening Programmes (Face to Face)

Super charge your knowledge and understanding of the 3 NHS Cancer Screening Programmes and why they are so important. Two sessions at different venues:

• Wednesday the 8th of February, 10am-12pm: <u>Book Here</u> Location: Positive Steps Oldham, 80 Union Street, Oldham OL1 1DJ

• Tuesday the 21st of March, 10am-12pm: <u>Book Here</u>

Location: Salford CVS, 5 Irwell Place, Eccles, Manchester M30 0FN

For the Lads: Prostate Cancer & Bowel Screening (Face To Face) Increase your knowledge and understanding of the Bowel Cancer Screening Programme and the importance of prostate cancer awareness.

• Tuesday the 7th of March, 10am-12pm: <u>Book Here</u> Location: Bolton CVS Hub, Bold Street, Bolton BL1 1LS

Find out more and book now!



Twitter: @AnswerCancerGM Website: www.answercancergm.org.uk LinkedIn: Search "Answer Cancer"



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