

**NHS
Cancer
Screening
Programmes**

**Scavenger
 Hunt**

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Cancer Screening Scavenger Hunt

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How to use at engagements

Hosting a Scavenger Hunt is always good fun – whether online or in-person, people love to get involved.

They are so much fun and easy to host. Simply ask your audience to go and find (scavenge) whatever is on your 'scavenger' card – first one to bring back the item, wins!

- Use in a group setting either in real life or over Zoom
- Host a 'Scavenger Hunt' on social media i.e. Facebook or WhatsApp and get people to 'post' their items
- Can be tailored for any awareness event – either use the one below or make up your own
- Use in a work team meeting or with a community group



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Example quests

You can easily make a scavenger card. You could also keep it simple and make list of 'quests'. **Here is an example.**

Find something...

1. **that makes you happy**
2. **that can be use for exercise**
3. **fruity**
4. **to book an appointment with**
5. **that has lots of fibre**
6. **an item of clothing you're not wearing**
7. **that starts with the first letter of your name**
8. **with numbers on it**
9. **healthy to eat**

Find something... that makes you happy	Find something... that can be use for exercise	Find something... fruity
Find something... to book an appointment with	Find something... that has lots of fibre	Find something... an item of clothing you're not wearing
Find something... that starts with the first letter of your name	Find something... with numbers on it	Find something... healthy to eat

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How to evaluate

- How many people took part? Is it appropriate to record gender, age or postcode of people so you know if you are reaching target audiences?
- How many brief advice conversations did you have?
- How many key messages were passed on?
- Any case studies?
Did you have any interesting conversations which you can anonymise?
I.e. Someone reports they will now self-check, book or attend a screening appointment

Top Tips

- You can adapt/tailor scavenger cards to suit your session i.e. Bowel, breast or cervical or even healthy eating and exercise
- Can easily be played in the workplace, online Zoom meetings or community settings
- Could have mini prizes or giveaways, such as pens, sweets or badges for the quickest scavenge or most creative scavenge
- Can play 'sit-down' scavenger to accommodate accessibility/mobility problems
- Encourage members to post to their social media platforms along with key messages
- The sample scavenger hunt above is for demonstration purposes. It can be tailored to suit the needs of different groups or sessions

Cancer Screening Key Messages

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Key Messages:

If it's unusual for you – see your GP

We all know our own bodies so if you notice anything unusual, book an appointment to talk through your concerns with your GP.

Early detection saves lives

People who regularly attend for screening or who go to see their GP when they notice anything unusual, will have any changes picked up early. Treatment options and health outcomes will usually be better for them.

Cancer screening saves lives

People who regularly attend for screening are more likely to have any early changes in their body picked up **before** they turn cancerous.

