

NHS Cancer Screening Programmes

**Let's get
Crafty!**

**ANSWER
CANCER**



Cancer Screening Let's get Crafty!

**ANSWER
CANCER**

How to use at engagements

Why not get crafty at future cancer awareness sessions! This is a great way to engage your audience, young and old people alike. You can theme activity around breast, bowel or cervical cancers. For ease we suggest sticking to breast cancer awareness! This is a great way to enjoy a fun task together whilst having conversations about cancer.

You can make crafts online or in the real world. People love getting involved in either. If online, email your group members with a list of any equipment they may need. If out in the community, take it all with you.

You can do card making, drawing, painting cups and stones, or blinging bra's and knitting boobs. There's no end to what you can do.

There's Answer Cancer quizzes and fact sheets in our resources that can also help when having conversations.

Here's a link to a free knitting pattern for the more experienced crafters to get their craft on!

www.mymummydoes.co.uk/local-resources/knit-a-breast



Cancer Screening

Let's get Crafty!

**ANSWER
CANCER**

How to evaluate

- How many people took part? Is it appropriate to record gender, age or postcode of people so you know if you are reaching 'target audiences'?
- How many brief advice conversations did you have?
- How many key messages were passed on?
- How many social media posts were Liked/Shared across networks
- Any case studies? Did you have any interesting conversations which you can anonymise? I.e. Someone reports they will now self-check, book or attend a screening appointment

Top Tips

- You can ask group members to 'showcase' their own ideas/contributions
- **Sessions can be adapted for workplace, online Zoom meetings or community settings**
- Encourage members to 'post' pictures of their creations to their social media platforms along with key messages
- Can be used to fundraise i.e. To raise money for a charity or another event
- Best designs/creations can be included in newsletters and on website



Cancer Screening Key Messages

**ANSWER
CANCER**

Key Messages:

If it's unusual for you – see your GP

We all know our own bodies so if you notice anything unusual, book an appointment to talk through your concerns with your GP.

Early detection saves lives

People who regularly attend for screening or who go see their GP when they notice anything unusual, will have any changes picked up early. Treatment options and health outcomes will usually be better for them.

Cancer screening saves lives

People who regularly attend for screening are more likely to have any early changes in their body picked up **before** they turn cancerous.

