

**Bowel
Cancer
Screening
Fun Games**

**ANSWER
CANCER**



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Fish for Floaters

This simple children's bath toy can be used when engaging community members around bowel health and bowel cancer screening. It helps to take the 'eewuww' out of talking about poo!! It can ease some of the barriers people may have around this subject and paves the way for an awareness raising conversation and a fun and engaging game.

Simply ask community members a bowel health question (from the Bowel Cancer Screening Quiz Sheet) then allow them to 'fish for a floater' when they get the answer right. Have

a bowel health 'brief advice' conversation whilst they are fishing. Can also be played in teams, with the team with the most correctly answered questions (floaters) winning.



Fish For Floaters game is available on Amazon priced £7.99 (at the time this resource was created.)



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More Great Ideas

Poo Head game is available on Amazon priced £8.30 (at the time this resource was created).

Plop Trumps Extreme is available on Amazon priced £4.49 (at the time this resource was created).



How to evaluate

- How many people played the game? Is it appropriate to record gender, age or postcode of people so you can describe if you are reaching target audiences?
- How many brief advice conversations did you have?
- How many key messages were passed on?
- Any case studies? Did you have an interesting conversation which you can anonymise? I.e. Someone reports they have a bowel cancer screening kit at home which they will now use?

Top Tips

- You don't need a mini paddling pool to play Fishing for Floaters – just colour a piece of A3 paper blue (to signify water) place the floaters on it and play.
- Other games can also be played using same format – by asking questions and allowing people to answer – then having brief advice conversations.
- **Games can be purchased from Amazon – but have a shop around because you may find them cheaper elsewhere.**

Bowel Cancer Screening Key Messages

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Key Messages:

If it's unusual for you – see your GP

We all know our own bodies. If you notice anything unusual in your bowel habits, lasting 3 weeks or more, see your GP.

3 weeks is a guide. Changes could be due to an illness, a change in medication, stress, or a change in diet. **Don't leave it any longer than 3 weeks.**

Early detection saves lives

Those who regularly complete their bowel cancer screening kit, will have any early changes picked up by their bowel screen test. Usually **before** changes turn into cancer.

Bowel cancer screening saves lives

Bowel cancer screening aims to find any changes in the bowel early **before** they have had chance to become cancerous.

