

# Making Every Contact Count for Cancer Pathways



Designed by the Royal Society for Public Health in collaboration with Health Education England and Greater Manchester Cancer Alliance, this mental health promotion training seeks to develop knowledge, skills and confidence to integrate relevant messages and interventions into routine practice.

## During the 9 learning hours of the programme, participants will be able to:

- Identify what is meant by mental health, mental wellbeing and mental illness, including recognised definitions, models and frameworks.
- Define the MECC approach and explore how this can be applied for mental health in health and care settings.
- Develop skills and confidence to engage with service users about their mental health and wellbeing.
- Develop skills to support service users to understand distressing feelings and experiences.
- Develop awareness of local support services and how to effectively signpost service users to the appropriate service.
- Develop confidence to understand and implement appropriate signposting pathways.

At the end of the programme all participants will receive a certificate of attendance with continuous professional development (CPD) points.

Suitable for all non-clinical staff across primary, secondary and community care who have a touch point with a person affected by cancer e.g. cancer support workers, porters, secretaries, ward staff, healthcare assistants, etc.



Remember to put One minute of prevention in every conversation"

Karan Thomas, Lead Trainer

#MECCforCancerPathways