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| **Volunteer Role:** | Shisha Ambassador  |
| **Location:** | Oldham  |
| **Accountable/Responsible to:** | Volunteer Coordinator  |
| **Shisha smoking & Chewing Tobacco:** | You will be part of a team aiming to reduce the number of people engaging in shisha pipe smoking and chewing tobacco. A significant number of people who engage are unaware of the dangers associated with these activities and some even believe it to have health benefits, which simply is not true…Just one hour of smoking shisha is equal to inhaling the smoke of over 100 cigarettes. This role is about sharing information that will help people make informed decisions in recognising the health risks associated with smoking shisha and chewing tobacco. |
| **Activities and Tasks:** | * To engage with families, community groups, faith groups, schools/sixth forms and local people on the health risks associated with shisha pipe smoking
* To deliver an interactive workshop that engages and informs participants on relevant health information in relation to shisha smoking
* Encourage healthy living through lifestyle change and refer into smoking cessations service when appropriate
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| **Required for this role:** | * Good communication skills
* Bi-lingual skills
* Ability to motivate and support others
* Work within ABL policy and procedure
* Emergency contact details (next of kin)
* DBS check (for anyone volunteering within a school or sixth form)
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| **Working Environment:** | * Work alongside the volunteer coordinator, smoking cessation team and other shisha ambassadors.
* Supervision & support provided
* Relevant training will be provided
* Resources for the workshop will be provided
* Travel expenses will be re-imbursed
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| **Contact details for the team:** | Liam Wilson - lwilson@ablhealth.co.uk More information on the role can be found on  |