

נֵר הַיְ נִשְׁמַת אָדָם

THE SOUL OF THE HUMAN BEING IS THE LIGHT OF HASHEM



Bowel Cancer screening is quick, hygienic and easy to do.
Early diagnosis in most cases means the disease can be successfully treated.

Aged 60-74? Please return your completed screening kit and help beat bowel cancer.

If you are aged between 60-74, within the next two years, the NHS will automatically send you a screening kit through the post. It's designed to be completed in the privacy of your own home, at a time that's convenient for you. It only takes a few minutes to do and is returned by a prepaid envelope.

**For your
Free test kit
Freephone**

0800 707 6060



Over 74?

**You can request the test every two years.
Phone the above number**

**DO YOUR BIT.
USE THE KIT.**



DON'T BIN IT!

“Since maintaining a healthy and sound body is among the ways of G-d... for one cannot understand or have any knowledge of the Creator if he is ill... therefore he must avoid that which harms the body and accustom himself to that which is helpful and helps the body become stronger.”

Maimonides, Mishneh Torah, Hilchot Deot 4:1

**NOW YOU ONLY NEED A SINGLE SAMPLE
WITH THE NEW KIT. QUICKER AND EASIER.**

Full instructions will be included but if you have any questions then just ask your GP or Nurse when you see them or call **0800 707 6060**

**Bowel cancer can be successfully treated if detected early.
So go on, for yourself and for your loved ones.**

**Bowel Cancer
Screening Programme** 

For further information go to: www.nhs.uk>conditions>bowel-cancer-screening